



**244209 Range Road 33
Calgary, Alberta
T3Z 2E8**

**Telephone: 403-242-1117
Attendance: 403-242-1117 press (2)
<http://evalley.rockyview.ab.ca>**

**Principal: Mme Lindsay Adams
Assistant Principal: Mrs. Kim Agnew**

Principal's Message - Welcome to a new school year at École Elbow Valley Elementary! We are so excited to have all of our families with us once again!

September marks the beginning of new starts; new teachers, new classmates and new topics of study. It also marks the beginning of new infrastructure and practices at our school!

We are delighted to announce that the transformation of the Learning Commons and the front entrance renovation are almost complete! The space is beautiful and more importantly functional. We hope to be back in the main office and resume using the main entrance as of Monday, September 10th. Feel free to drop in and check out our new space!

This year we are also starting relaxed entry and school-wide use of agendas. Please refer to subsections of this month's newsletter for further details.

Our first School Council meeting is Tuesday, September 11th at 7:00PM. As a parent of our students you are a member of our school council, we value your input and look forward to meeting you! You are always welcome to attend any or all School Council meetings throughout the year.

Our weekly VLOG will arrive in your inbox starting this Friday, September 7th. The VLOG will highlight the amazing learning taking place at École Elbow Valley and provide reminders of upcoming events. Different classes will be showcased each week, be sure to tune in!

Wishing you all the best this school year!

Mme Lindsay Adams

Mrs. Kim Agnew

Relaxed Entry - Starting Tuesday, September 5th students will no longer be required to line up when entering the school in the morning. Students will be able to enter through their designated doors as they arrive from the buses or drop-off at 8:27AM. Teachers will be in their classrooms from 8:27AM onward in order to greet students and allow them to transition comfortably into the day. Instructional time will commence at 8:42AM alongside the bell. Relaxed entry allows students to ease into the day, strengthen connections with staff and peers, and alleviates congestion within the classroom.

Student Messages and Agendas - The staff at École Elbow Valley Elementary has committed to using student agendas as the primary means of daily communication between home and school. Please ensure that messages regarding appointments and changes to the end of the day arrangements (bus, pick up, etc.) are written in the agenda. The agendas will be checked by homeroom teachers in the morning and signed daily.

We appreciate your effort to use the agenda because we cannot ensure that messages phoned into the office after 1:30PM are delivered to classrooms at the end of the day.

Staff List

Please welcome this year's team at École Elbow Valley Elementary!

Administration Team

Mme Lindsay Adams

Mrs. Kim Agnew

Teaching Teams:

Kindergarten

Mrs. Trena Threndyle

Mme Kim Boraas

Grade One

Mrs. Jacqui Pryor

Ms. Katherine Boucher

Mme Gillian Kulba

Mme Sarah Oxford

Grade Two

Ms Shelley Lambie

Mrs. Michelle Douglas

Mrs. Shelley Worden/Mrs. Rebecca Briggs

Mrs. Lisa Trout

Mme Lindsay Leptich

Mme Jillian Mattice

Grade Three

Mrs. Andrea Gibson

Mrs. Michelle Douglas

Mrs. Paula Maguire

Mme Carol Boissonneault

Mme Jillian Mattice

Grade Four	Mrs. Shyann Mazerolle
	Mrs. Patti Beloglowka
	Mr. Brandon Piraino
	Mme Natalie Sauvé-Gross
	Mme Martina Szilagyi/Mme Michelle Turner

Music	Mrs. Kristi Baratelli
	Mrs. Hannah Korody

Learning Strategies	Mrs. Deanna Morris
	Mrs. Christi White
	Mme Trina Wilkie

Support Services Team:

Secretary	Mrs. Shelly Erickson
Secretary/School Assistant	Ms Rachel Davidson
Receptionist	Mrs. Rhonda Richards
Child Development Advisor	Mrs. Nancy Zadorozny
Learning Commons Technician	Mrs. Wendy Glidden
School Technologist	Mr. Nicko Briones
Resource/Classroom Assistants	Mrs. Donna Kanigan
	Mrs. Cheryl Frehlich
	Mrs. Kathy Juett
	Mme Joanne Taylor
	Mrs. Shelley Portello
	Mrs. Kim Bisailion
	Mrs. Kim Elder

Head Building Operator	Mr. Jeff Loos
Daytime Housekeeper	Mr. Bill McNabb
Lead Housekeeper	Mr. Brandon Slade
Night Housekeeper	Mr. Ernie Delaurier

Welcome to Kindergarten - This is an exciting time for kindergarten students, families and the school.

Throughout this year, a teacher will greet your kindergarten child outside. This will be for both morning and afternoon Kindergarten.

Teachers will bring students into the school to their classroom. This will let students transition more easily into the classroom, and begin their day, maximizing their learning time. This is a change from previous years, and will increase your child's safety.

At the end of morning kindergarten each day, teachers will bring students outside to greet parents. We ask that parents wait outside to receive your child. If you are picking your child up in the afternoon at the end of kindergarten, please wait outside until your child's teacher releases your child to you.

If you and your child arrive after classes have started, please come to the office to sign your child in so their attendance can be recorded.

If you have information or a concern that you would like to share with your child's teacher, we welcome you to send them an email. You can also request to set up a time to meet with them to discuss your child privately.

Thank you,

Kim Borass & Trena Threndyle (Kindergarten Teachers)

September's Character Focus is on Friendliness and Citizenship - Friendliness simply means being a friend. It is taking an interest in other people and going out of your way to make them feel welcome. Friendliness helps people feel they belong. Friendships do not just happen they are made by people who are willing to work at making them successful. They are similar to planting a garden, it starts by planting a seed. Teaching our children the importance of being kind, respectful and caring will assist them in showing friendliness to their peers. We need to teach our children to like themselves and believe that they have something to share with others. Just wearing a smile on their faces is the first step to showing friendliness!

Citizenship means being a good helpful member in society. This can be extended to school, class, community and family. We can teach our children to be good citizens by using their manners, sharing with others and showing care and concern for others. Citizenship can also be shown by working together, cooperating, encouraging others and treating each other with respect. By trying our best to be good citizens we are teaching our children that they can contribute to making their school, class, community, and family a terrific place to be!

♥Our Friendship Bench♥ - The Friendship Bench is a designated place where any student who has nobody to play with or who wants to be invited to join a game can go and sit. When students see a child on the bench they will know that person feels lonely and will invite them to play. Once the Friendly Helpers (grade 4 peer support) have been trained they will monitor the bench daily and organize games the students would be interested in playing. It is our hope that all children in our school will be included and have fun playing with their peers at recess. If you have any questions or ideas let Mrs. Zadorozny know.

Child Development Advisor (CDA) - I would like to introduce myself to those of you who do not know me and inform you of my unique position at Elbow Valley. My name is Nancy Zadorozny and I am the school's Child Development Advisor (C.D.A.). My training and experience have equipped me to act in a capacity similar to that of a counsellor with our students. I offer a wide spectrum of services to the students, teachers, and you the parents. Below is a brief list of some of the services I offer:

I develop and implement programs relating to the social/emotional growth of students.

- I provide proactive and preventative programs as well as intervention with issues which have already been identified.
- I conduct individual and group sessions in the areas of classroom survival skills, self-esteem, friendship, anger management, social skills, getting along, social skills, bullying, divorce and grief, relaxation and stress management. I also provide preventative programming in individual classes.
- I conduct a year- long social skills program in all grade one classes.
- I conduct a year- long self-esteem program, Free the Horses, in all grade two classes.
- I assist students in resolving conflicts and teach them how to handle these situations.
- I work with teachers to help assess student's strengths and weaknesses in social skills.
- I have Teddy Bear Grams in each classroom which are used when a student has a problem or is experiencing a conflict with a peer and needs to talk to someone.
- I provide support to teachers in the classroom.
- I provide information for parents on numerous topics. If you require information I do not have I will try to get it for you.
- I provide support and resources to parents and families.
- I am in charge of the Friendly Helpers and conduct a 6 week training program. The Friendly Helpers assist peers in conflict resolution as well as plan recess activities for our students.
- I arrange theme days to help promote a positive school environment.
- I arrange school wide Fun activities to increase school climate
- I am in charge of Club Moo, a school wide milk incentive program

If you have any questions about my role or if you would like to discuss your child please feel free to call me or you can e-mail me at nzadorozny@rockyview.ab.ca

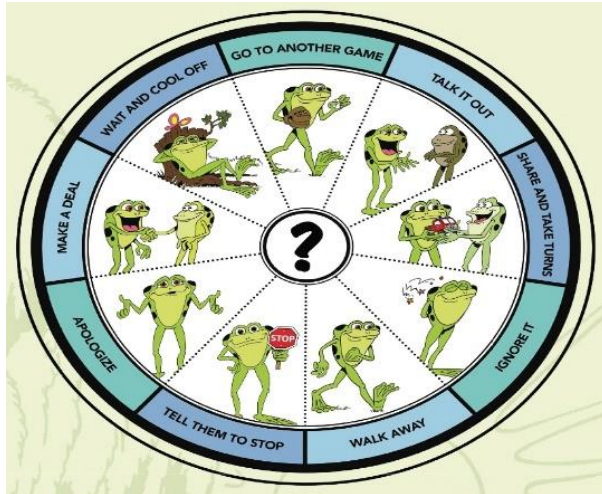
Kelso's Choices - Conflict and disagreement is normal and often happens when children are together. Our goal is to teach our students several positive ways to deal with these difficult situations and provide them skills that will last a lifetime.

Kelso's Choices - is a conflict management skills program that we will continue to teach our students this year. The



program is based on the premise that every child is capable of becoming a peacemaker and of solving conflicts peacefully. Kelso the frog teaches students how to solve "small" problems on their own. "Small" problems include conflicts that cause "small" feelings of annoyance, embarrassment, boredom, etc. "BIG problems" always need to be taken to an adult. These are situations that are scary, dangerous, illegal, etc. Students will learn that if they have a small problem they need to try 2 of Kelso's choices. Below is Kelso's wheel illustrating their choices. If they have a big problem they need to go and tell an adult they trust. I will be introducing these skills to our K – 2 students in

their classes during my scheduled times. For the grade 3 and 4 students I will do a workshop on the choice wheel. In addition, the Friendly Helpers will be trained in the choices and how to help their peers solve their conflicts peacefully.



By using Kelso's choices, we believe that our students will develop effective problem-solving skills that they can use again and again. It will assist them in dealing with conflicts in a positive manner and teach them that they do have choices. We encourage you to become familiar with this program and use it in your home. By working together, we can develop a positive healthy life skill for our children to use at home and school.

If you have any questions feel free to give me a call at the school or you can e-mail me. Thanks for your support!

Bus Ride-Along - Just a reminder that if your child is having a friend ride along on their bus, the bus company **MUST** be contacted. Following is the procedure we would like to see followed to ensure all parties are aware of the ride along and to make things easier for the bus drivers and supervisors: E-mail Southland ridealong@southland.ca

2. Contact your bus driver and let them know you have e-mailed the bus company
3. Write a note in the child's agenda for the bus supervisor or print out email confirmation. This is extremely beneficial in case the bus driver does not receive word of the ride along. Only if there is a note in the agenda can the bus supervisor approve the ride-along.

STUDENTS ARE UNABLE TO RIDE-ALONG IN SEPTEMBER!

STUDENTS MUST HAVE A BUS PASS IN ORDER TO RIDE THE BUS OR RIDE-ALONG.

School Council - Welcome Back to Ecole Elbow Valley Elementary! Firstly, we would like to introduce a few new faces on School Council.

Tina Andiel Carlson, Chair



Mom of twins, Jack and Abbey Carlson, who are starting Grade 1. Mom is both nervous (full days) and excited (FULL DAYS!!!). Active family life. Tennis and swimming in the summers, skiing and hockey in winters. Busy work life, too! CPA and avid volunteer.

Naomi Shumka, Vice Chair



CPA & Mom of two busy girls, Emily (grade 2) & Ella (grade 1)

Loves to be involved and volunteers for as many of their activities that she can, while it's still "fun" for them to have Mom around so much! Was able to meet a lot of amazing families and life long friends by being on the board of the Springbank Playschool, volunteering in the classrooms and around the school. Sad that summer is coming to an end but looking forward to passing the Canadian winter with a new ski season, a fun curling year, and hopefully a bit of travel. Excited to be involved and a voice for the community via this board.

Tammy Hangs, Secretary



Works full-time but enjoys using her spare time to be involved as a volunteer in her son Taylor's school (Gr.1) and recreational activities. Project manager by nature in her day job and is excited to be part of School Council this year. When the snow starts flying, Tammy enjoys spending as much time as possible with her family in Phoenix!

Purpose of School Council and School Council Meetings - According to the Alberta School Council Association, School Council is "a vehicle to support meaningful parental involvement in decisions that affect the school and its operations". SCHOOL COUNCIL IS THE VOICE OF THE PARENTS. With that in mind, we'd like to invite you all to attend our monthly School Council meetings. They are staggered between evenings and afternoons to best accommodate busy schedules. Our kick off meeting is **September 11th at 7:00 PM** in the **Learning Commons**. Refreshments and treats will be served. Parents are welcome to bring their little ones to this and all other School Council Meetings. Please see the School Calendar for future meeting dates.

School Council Contact - Being new to the roles of Chair and Vice Chair, we know we have steep learning curves ahead. Please remember that our "doors" are always open. We welcome and appreciate any feedback. Looking forward to chatting with you all! Feel free to contact us at elbowvalleycouncil@gmail.com (or just grab us in the halls!!).

Tina Andiel Carlson- Chair and Naomi Shumka - Vice Chair

A Message from Our Social Coordinators - We are looking forward to another great year. September is filled with many important events.

To kick off the year we would like to invite you to our annual "**Coffee and Kleenex**" held on **Tuesday, September 4th and Wednesday, September 5th at 8:40AM and 12:12PM** in the **staff room**. If you need a shoulder to cry on, or someone to celebrate your day with. Please come join us.

On **Thursday September 13th at 2:15PM**, we will be holding a **Volunteer Workshop** in the **staff room**. It will be a quick recap of everything you need to know before volunteering at our school this year.

For our Grade 1 parents, you will soon receive a sign-up genius for lunch time supervision in the month of September. It is important these positions are filled for all our classrooms to help teach students how to open lunch containers and put away food items.

School Pictures (individual) will be held on **Friday, September 21st**. Picture **re-takes** will be on **Thursday, Nov. 1st**. Look for our sign-up genius, which we will be sending out soon.

Please remember you **MUST** have a valid police check before you can volunteer at our school.

Please note - If you do not fill out the **Volunteer Form** to give us your contact information and email address, you will **NOT** receive any sign-up geniuses with volunteer opportunities for school wide events this year.

Thank you in advance to all our parent volunteers. We could not do it without you.

Arlene Abboud & Amal Jomaa

Lunches - School Council will be offering a special lunch every Friday and the first Tuesday of each month for Grades 1-4. Choices from Subway, Little Caesars and Mucho Burrito will be available, and orders can be made, changed or cancelled up to 5 days before the fun lunch via healthyhunger.ca. Any questions about the program can be directed to evespeciallunches@gmail.com. For anyone interested in volunteering for Pizza lunch days, watch for a Signup Genius coming out in the first few weeks of school.

Tannis Bo

Year Books – Year books will be distributed during the second week of school. Thank you for your patience!

Lee-Ann Tai

Canadian Parents for French needs YOU - Canadian Parents for French has an important role at Ecole Elbow Valley. We encourage French learning on many levels. Our chapter is looking for a new president. All those interested or those interested in joining CPF please contact Stephanie Rosenbaum at Steph.rosenbaum@gmail.com.

Stephanie Rosenbaum

Mabels Labels - Our first fundraiser of the year is already under way! Please make it easier for your child's clothes to make it home by ordering labels from Mabels Labels at <http://www.mabelslabels.com/support-a-fundraiser> and choose "ELBOW VALLEY SCHOOL" in the drop down menu.



Back to School Family Movie Night

Friday, September 14 @ 5:00pm

Calaway Park Showtime Theatre

Includes hot dog meal, movie, popcorn & pop

Only 120 tickets available!

\$6.00/per person



To purchase your tickets go to
our community FACEBOOK page:

 [springbankcommunityassociation](https://www.facebook.com/springbankcommunityassociation)



*Private event
Rides and Games CLOSED during our event*

September

2018

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
Friendship & Citizenship					1	2
3 Labour Day No School K-4	4 First day of Classes! Kindergarten Staggered Entry Always treat your friends the way you want to be treated.	5 Kindergarten Staggered Entry If you think someone needs a friend, be one.	6 First day for all Kindergarten Students Treat your friends with kindness.	7 If you want a friend, you need to be a friend.	8	9
10 Milk orders start today! Always try to make new friends. It is great to have lots of friends.	11 School Council Meeting @ 7PM Include someone who doesn't have a friend to play with at recess.	12 Let your friends have other friends.	13 Parent Volunteer Workshop @ 2:15PM Be friendly, fair and forgiving.	14 Terry Fox Run Pizza Lunch Friendly Helper's Applications due! One of the best ways to build friendships is to have fun together.	15	16
17 Friendly Helper's Training starts! Caring about others and treating others with kindness shows good citizenship.	18 Being a good citizen means following the rules at home and school.	19 Being a good citizen means doing your share of work at home, school and in your community.	20 Believing everyone matters is important and shows good citizenship.	21 Subway Lunch School Pictures Individual Wear or decorate your favorite shoes. Cooperating with your classmates shows good citizenship.	22	23
24 Professional Learning Day No Classes	25 You show good citizenship when you use good manners and kind words.	26 Being a good citizen means you follow the rules at home and at school.	27 You show good citizenships when you are helpful in class, at school and at homes.	28 Pizza Lunch Taking pride in your home, school and community shows good citizenship.	29 Using Kelso's choices to solve conflicts shows good citizenship.	30