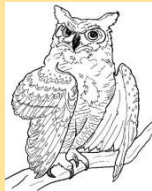


# ÉCOLE ELBOW VALLEY SCHOOL

**244209 Range Road 33  
Calgary, Alberta T3Z 2E8**

**Telephone: 403-242-1117  
Attendance: 403-242-1117 press (2)  
<http://evalley.rockyview.ab.ca>**



**Principal: Mme Lindsay Adams  
Assistant Principal: Mrs. Kim Agnew**

## **April 2018 Principal's Message**



Welcome to the month of April! I hope that you have enjoyed a restful break surrounded by those you love. Given the recent events in Humboldt, SK we are reminded of the fragility of life and that we have much to be grateful for.

Gratitude and kindness have been a large focus at the school this year. We celebrate acts of kindness on our live stream of morning announcements and you may have noticed that we have cut-outs of pink kindness t-shirts displayed throughout the Learning Commons. These t-shirts represent acts of kindness that were recognized as making a difference for someone in our learning community. It is our hope that we can extend these t-shirts throughout all of the halls at Elbow Valley. Feel free to fill one out next time you're in the school!

The month of April is a time of new beginnings and coming together. There are many events scheduled in order to bring families together and have them be a part of the planning at École Elbow Valley. At this month's school council meeting we will be beginning our School Education Planning (SEP) process. Families and community stakeholders are an integral partner in education and an essential part in determining next

steps with regard to our SEP. Please join us Wednesday, April 11<sup>th</sup> at 1:00PM to have your voice heard! The template will be shared and input will be most welcome. Can't make it? No, problem! We will be piloting virtual attendance at school council meetings. Please see the information regarding "Zoom" (the digital platform we will be using) under the school council's portion of this newsletter. We look forward to hearing from you!

Our annual Family Dance is right around the corner! We changed the date this year knowing that the renovation was a real possibility and that the main entrance would be unavailable. We had hoped that the warm April weather would allow families to move in and out of the school throughout the evening. The April forecast is calling for periodic episodes of snow; however, we will be moving forward with the Family Dance as it is an exciting event for our entire community. Further information will be going home with every student today (Tuesday, April 10<sup>th</sup>). The gift baskets are currently on display in the entrance of the school. We look forward to seeing all of our families there!

Lastly, we are welcoming our families to attend a community viewing of the film Screenagers. This film is "must see" for parents whose children are being raised in our digital age. Please see the information contained within this month's newsletter for details.

Enjoy the month; here's to warm weather and perhaps some April showers!

### April's Character Focus is Cooperation



Cooperation is one of the most important and basic forms of human interaction, and the skills of cooperating successfully are essential skills everyone needs to master. Teaching cooperation to children cultivates a valuable skill for children to possess. But it is difficult for many children. People naturally want to look out for themselves and make sure that they are taken care of first. But learning how to cooperate with others requires giving as well as taking and realizing that the good of the group is more important than the good of the

one. Learning how to cooperate will help your child succeed in school, in relationships with friends, and in life over all. It is within a family that children can learn important cooperative skills like working together, sharing, and taking turns.

### School Council

Our **AGM** this year is **Wednesday, May 23<sup>rd</sup>, 2018 at 7:00PM**. Many parents have stepped forward to assume School Council roles for Learning Commons Coordinator, Chair, and Co-Grant Writer. We thank you for your time and commitment to this school and to our children! We are still in need of people for *Vice-Chair, Secretary* and *Spirit of Caring*.

### Summary of Roles/Duties:

- Vice-Chair - This position supports the Chair and plans parent-workshops. They also attend monthly executive meetings as well as monthly school council meetings. The estimated time commitment is between 5 and 10 hours per month.
- Secretary - This position is responsible for recording meeting minutes (using a template) so that they can be uploaded to the school website monthly. The estimated time commitment is approximately 3 hours per month.
- Spirit of Caring - This position is responsible for organizing cards and/or gifts for staff who have had major life events. Time commitment is minimal.

•

**Parking lot:** Thanks to the feedback received by school council participants, you will notice there are now barricades to help ensure the safety of our kids. *Please remember*, your **patience** and **awareness** are the biggest help to keep our kids safe. ***We teach our kids kindness and patience, let's show them what it looks like in the parking lot.***

### We have 2 upcoming School Council meetings our executive team will be attending:

- Joint School Council Meeting for Rocky View Schools on April 12<sup>th</sup>. This meeting will take place in Airdrie, and various representatives from Rocky View School Councils are invited to collaborate.
- ASCA (Alberta School Council Association) Annual Conference in Edmonton, April 20<sup>th</sup> to 22<sup>nd</sup>. We will be sending two School Council Members to represent Elbow Valley Elementary.

*Please remember to send your Yearbook pictures into [elbowvalleyyearbook@gmail.com](mailto:elbowvalleyyearbook@gmail.com) and purchase your yearbook through [www.schoolcashonline.com](http://www.schoolcashonline.com) ! (make sure pictures are **full size**)*

**NEXT School Council Meeting: Wednesday, April 11<sup>th</sup>, at 1:00PM. Children welcome!**

### **Friends of Springbank Middle School Society (FOSMSS) AGM Meeting**

The mandate of FOSMSS is to raise funds to benefit various programs for the students at our school. FOSMSS has been awarded a third casino to take place in the last quarter of 2018. All parents with students at SMS next year should consider volunteering their time either at the upcoming casino or on the Executive of FOSMSS as several members have children who are now in their last few months of Grade 8. Executive members hold periodic meetings and work in conjunction with the school's administration to ensure that all groups interested in securing funding for their SMS programs can benefit. We encourage anyone who is interested in attending the upcoming **AGM on Monday, April 16<sup>th</sup>, at 7:00PM** at the SPFAS lounge to RSVP to Leigh Gaudin at [lgaudin@telus.net](mailto:lgaudin@telus.net).

## MusicFest Concert



Musicfest is fast approaching and students are working very hard to prepare for the performance.

A few reminders...

Students have access to the music they are learning for the performance through the school website. Navigate into the music teacher page for your child from <http://evalley.rockyview.ab.ca/music> . Once there, you will find two versions of each song, one with words and one without. We encourage practicing with the tracks to help the memorization of the songs.

Costume notices will be sent home in April to students participating in Musicfest.

Please check the Music website for audition results near the end of the break. Students who receive speaking parts are encouraged to start practicing their parts. The script will be posted on the website with the audition results.

We hope you are all looking forward to Musicfest as much as the students.

## Yearbooks

We have sold **220** yearbooks so far this year! Help us reach our goal of **350** by purchasing yours today through School Cash Online. Yearbooks will be available for purchase until **May 31, 2018**.

We are currently working on page design for individual classes and candid pages for each grade. If you have any photos of your children in the classroom or on a field trip, please send them in for consideration in the yearbook. Photos can be sent to [elbowvalleyyearbook@gmail.com](mailto:elbowvalleyyearbook@gmail.com)

Thank you to everyone who submitted an entry in the yearbook cover contest! There were a lot of amazing submissions!

Have you ever wondered what the School Council does?

Have you wanted to come out to the meetings but can't because of bedtimes for the kids, no one you know will be there, don't want to feel obligated to volunteer?

Well, we have a solution for you!

Come out to the meetings from the comfort of your own home.

However, you will miss out on meeting staff and fellow parents in person and door prizes.

We have been fortunate enough to set up with [zoom.us](https://zoom.us) A web conferencing system that allows us to bring the meeting to you.

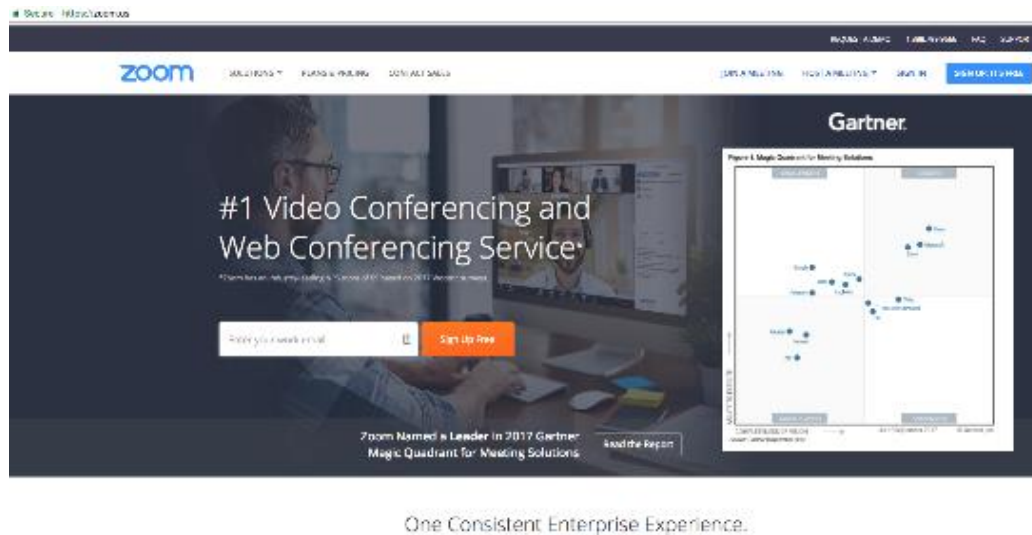
Please join us at 1:00pm Wednesday April 11, 2018 in the Learning Commons, in person or by logging in by following the steps listed below.

Should you have any questions please do not hesitate to contact Lindsay Adams [ladams@rockyview.ab.ca](mailto:ladams@rockyview.ab.ca), School Council [elbowvalleycouncil@gmail.com](mailto:elbowvalleycouncil@gmail.com) or Nicko Briones (École Elbow Valley Technical Support) [nbriones@rockyview.ab.ca](mailto:nbriones@rockyview.ab.ca).

We look forward to seeing you there!

**Parents and Guardians can join our meetings in 6 simple steps.**

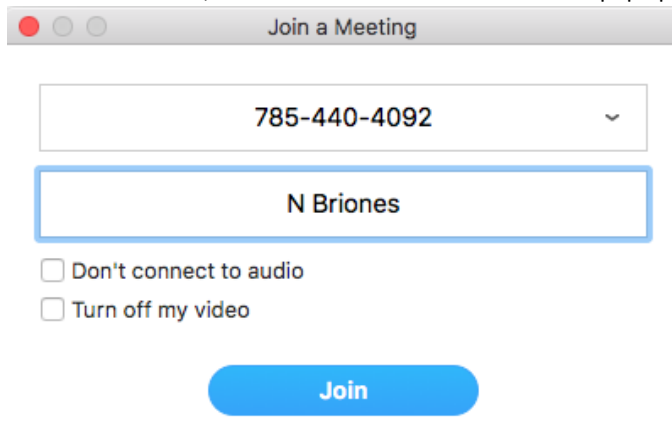
1. Sign up for Zoom.us simply by going to "[zoom.us](https://zoom.us)"



2. Click "Join a Meeting" on the top right of the page, type in the meeting ID: **785-440-4092** and then click "Join."

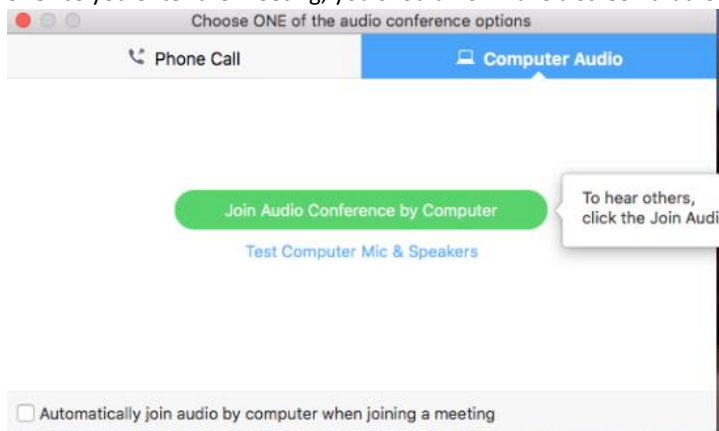
3. Install "Zoom.us" on your computer - If you opt to join a meeting on your cell phone or tablet please be aware that it will use a fair amount of data. Therefore, we recommend that you join by Wi-Fi or on your home computer. If you have problems downloading and installing Zoom, please follow the steps site.

4. After installation, Run Zoom. You should have a screen pop up that looks like this...



- A. Enter the **785-440-4092** in the box that requests your "Meeting ID"
- B. Input the name that will be seen by everyone that joins the meeting. Example name is shown.
- C. Click "Join"

5. Once you enter the meeting, you should now have a screen that looks like this...



- A. Click "Join Audio Conference by Computer"
  - B. You will now have the conference call screen in front of you. Once the meeting starts the main screen will be of the Parent Council Meeting at the School with participants pictures in smaller boxes.
6. To allow everyone to hear what is happening in the Learning Commons during our meetings we are asking that everyone "Mute" their audio. This can be done by...



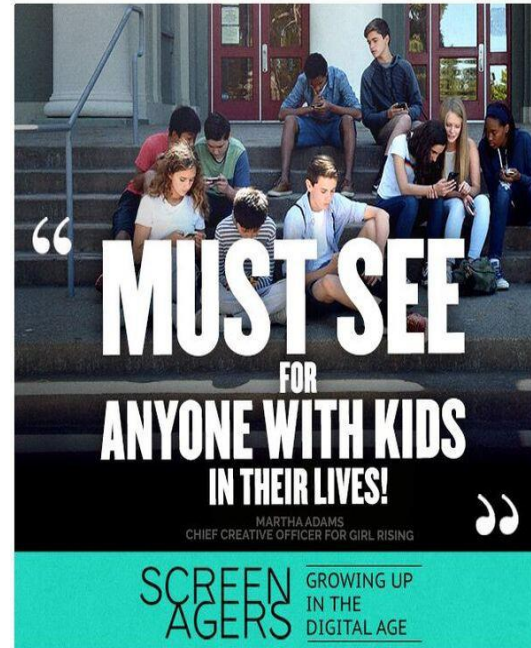
- A. Going to the bottom of your screen and clicking on the microphone on the far-left side. Once you click on the microphone it should look as pictured above.
- B. If you have any questions or comments during the meeting please use the "Chat" button to type them and we will be monitoring the questions and comments as they come in and we will answer them as quickly as we can.



# SCREENAGERS is coming to Springbank!

Students in École Elbow Valley, Springbank Middle School and Springbank High School will be able to watch this eye opening documentary about the impact of the digital age on children and how to help them minimize harmful effects and find balance.

Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time.



In **SCREENAGERS**, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, **SCREENAGERS** reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

We are very pleased to host a community screening

Tuesday, April 17<sup>th</sup> at 7:00PM  
Springbank High School

Tickets \$5.00 can be bought at

<https://www.eventbrite.ca/e/screenagers-tickets-44454414350>

[www.screenagersmovie.com](http://www.screenagersmovie.com)

# April 2018

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
						1 
2 Easter Vacation	3 Easter Vacation	4 Easter Vacation	5 Easter Vacation	6 Easter Vacation	7	8
9 Staff Professional Learning No School for Students	10 <b>Classes Resume K-4</b>  Cooperation means working together.	11 School Council Meeting @ 1PM  You are practicing cooperation when you listen to others.	12  You are practicing cooperation when you work well with others.	13 <b>Pizza Lunch</b>  You are practicing cooperation when you do your work in a group.	14	15
16 Grade 4's Group Photo 9:00AM  You are practicing cooperation when you take turns.	17 <b>Subway Lunch</b>  You are practicing cooperation when you share with others.	18 Canadiana CP Rail Musical 2:00PM  Working together is more fun than working alone.	19 <b>Spring Family Dance 6:00-8:00PM</b>  Learning to cooperate does take practice.	20 <b>Mucho Burrito Lunch</b>  When we cooperate; we can do great things.	21	22  <i>Earth Day</i>
23  Cooperation means being helpful with others.	24  It is never too late to cooperate.	25 <b>SMS Band Performance 1:30 – 2:15PM</b>  Two heads are better than one.	26  A key to cooperation is to treat others the way you want to be treated.	27 <b>Subway</b> <b>Inside Out Day!</b>  Friends like friends who cooperate.	28	29
30  Two heads are better than one.						