

Grade Two I Can Statements for Physical Education



General Outcome A:

Students will acquire skills through a variety of Developmentally appropriate movement activities: dance, games, types of gymnastics, individual activities in an alternative environment; e.g., aquatics and outdoor pursuits.

I can:

- Choose how to move while doing an activity
- Choose the way I move while standing in one place.
- I can use the basic rules of games and fair play.

General Outcome B:

Students will understand, experience and appreciate the health benefits that result from physical activity.

I understand:

- That exercise and feeling good go together.

General Outcome C:

Students will interact positively with others.

I can:

- Tell about and show respectful communicating skills relevant to context.
- Tell about and show manners and fair play.
- I can show cooperation within small and large groups.

General Outcome D:

Students will assume responsibility to lead an active way of life.

I can:

- Move safely and sensitively through all environments.
- Set goals for myself to do physical activities.
- I can make good exercise choices.



