## The Land of Think

Dear Parent/Guardian,

Today Kelly, Jerome the Gnome and Yes-Yes entered the land of Think on their way to freeing the magic horses. Here Kelly learned of her tremendous power: the power of her mind. In fact, Kelly discovered in this magic land that when she had stormy thoughts she actually brought on stormy weather, and when she had clear-bright thoughts she brought on sunny weather. And while in real life we cannot control the weather outside, Kelly discovered that she can control the weather inside of her by controlling her thoughts.

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## Suggestions for this week

- 1. Ask your son or daughter to explain stormy thinking and clearbright thinking to you.
- 2. Ask your child to tell you what we have done with "I can't" in our classroom
- 3. Listen for "I can'ts" from any member of the household. Ask your child to help the family member "rethink" his or her statement. You child may have a suggestion or two!
- 4. Encourage your child to listen for his or her stormy thoughts, and ask if he or she would like to change them to clear-bright thoughts. Your child, of course, has the right to say "no". After all, we can choose our thoughts.

Sincerely,

Mrs. Zadorozny Child Development Advisor

Grade Two Teaching Team