

## **Grade Two I Can Statements for Physical Education**

### **General Outcome A**

Students will acquire skills through a variety of developmentally appropriate movement activities: dance, games, types of gymnastics, individual activities in an alternative environment; e.g., aquatics and outdoor pursuits.

#### **I can:**

- Choose how to move while doing an activity
- Choose the way I move while standing in one place.
- I can use the basic rules of games and fair play.

### **General Outcome B**

Students will understand, experience and appreciate the health benefits that result from physical activity.

#### **I understand:**

- That exercise and feeling good go together.

### **General Outcome C**

Students will interact positively with others.

#### **I can:**

- Tell about and show respectful communicating skills relevant to context.
- Tell about and show manners and fair play.

- I can show cooperation within small and large groups.

### **General Outcome D**

Students will assume responsibility to lead an active way of life.

#### **I can:**

- Move safely and sensitively through all environments.
- Set goals for myself to do physical activities.
- I can make good exercise choices.