



How to Hold a Pencil

Show your child how to hold a pencil in the tripod position, and check to see that they use this grip while they draw and write with you. The first few days may be challenging, because the new grip may feel funny and there may be a feeling of less pencil control, but it will not be long before you see improvement. Whatever the age of the child, they can change to the tripod grip, just remember that it may take longer to change the habits of an older child.

The Tripod Grip

The pencil should be positioned so that there is equal pressure between the thumb; the side of the middle finger and the tip of the index finger. All fingers are bent slightly. This is called a "tripod grip".



Check out these useful websites:-

http://www.teachertube.com/viewVideo.php?video_id=125179

I have used this technique in my teaching for a number of years and it does work!

Have a look and try it out!

Best regards

Jacqui Pryor