



## How To Make Vowels Inside Your Mouth:

### Short Vowels:

**a** - open your mouth as wide as it can go and say "a" like in apple.

**e** - this is the smiling vowel. Make a nice big smile and say "e" like in egg.

**i** - ( this is made almost on your tip-toes!) Squint your eyes, point to the top of your head and say "i" like in igloo.

**o** - this is the easiest sound because your mouth gets to look like an "o". Make a small circle with your lips and say "o" like in Oscar.

**u** - this sound is made in the pit of your tummy. It's like the shape at the bottom of your tummy. Put your arms in a "u" shape at the bottom of your tummy and say "u" like in umpire.

## Long Vowels:

These are the easiest of all because each vowel just says its own name!

a - "eh"

e - "eeeeee"

I - "eye"

O - "ohhhh"

u - "yewwww" or "ooooo"

*Have fun sounding out together!*

*Jacqui Pryor*